

An urgent care center can get you back on the road *faster!*



Why sit idle in the ER? Visit your nearest urgent care center instead.

While the average wait at a California ER can be over four hours, urgent care wait times are usually under an hour.

HMO members: Always call your doctor's office before visiting an urgent care center. If you receive care at an urgent care center that is not affiliated with your doctor's medical group or Independent Practice Association (IPA), your HMO plan may not cover the services you receive. It is always a good idea to know where your urgent care center is BEFORE you need to go.

Check the back of this flier for a listing of the local urgent care centers affiliated with **Choice Medical Group – Apple Valley and Heritage Victor Valley** as of May 2014. For the most current information, visit blueshieldca.com/ucc.

If you feel you're experiencing an emergency,
call 911 immediately or go to the nearest emergency room.

Choice Medical Group – Apple Valley

Dr. Mike's Walk In Clinic

12143 Navajo Road
Apple Valley, CA 92308

(760) 240-1144

M-F: 8 a.m. to 8 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 5 p.m.

Dr. Mike's Walk In Clinic

15626 Hesperia Road
Victorville, CA 92395

(760) 952-0244

M-F: 9 a.m. to 6 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 5 p.m.

Dr. Mike's Walk In Clinic

15791 Bear Valley Road
Hesperia, CA 92345

(760) 949-1231

M-F: Open 24/7
Sat: Open 24/7
Sun: Open 24/7

Dr. Mike's Walk In Clinic

716 E. Main Street
Barstow, CA 92311

(760) 256-6426

M-F: 8 a.m. to 8 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 5 p.m.

Friendly Medical Center

15462 Main Street
Hesperia, CA 92345

(760) 949-7000

M-T: 9 a.m. to 3 p.m.
Wed: 9 a.m. to 11 a.m.
Th-F: 9 a.m. to 3 p.m.
Sat-Sun: Closed

The Meridian UC and Occupational Health Center Inc.

18522 Hwy 18, Suite 102
Apple Valley, CA 92307

(760) 242-7707

M-F: 8 a.m. to 8 p.m.
Sat: 9 a.m. to 5 p.m.
Sun: 9 a.m. to 3 p.m.

The Meridian UC and Occupational Health Center Inc.

1301 E. Main Street
Barstow, CA 92311

(760) 255-3200

M-F: 9 a.m. to 7 p.m.
Sat-Sun: Closed

The Meridian UC and Occupational Health Center Inc.

12821 Main Street, Suite 140
Hesperia, CA 92345

(760) 949-2500

M-F: 8 a.m. to 8 p.m.
Sat: 9 a.m. to 5 p.m.
Sun: 9 a.m. to 3 p.m.

Town Center Plaza Urgent Care

19015 Town Center Drive, Suite 102
Apple Valley, CA 92308

(760) 247-0581

M-F: 8 a.m. to 6 p.m.
Sat: 9 a.m. to 3 p.m.
Sun: Closed

Heritage Victor Valley

Dr. Ho's Urgent Care

15201 11th Street, Suite 100
Victorville, CA 92395

(760) 962-1028

M-F: 9 a.m. to 8 p.m. (lunch from
12:30 to 2:30 p.m.)
Sat: 9 a.m. to 2 p.m.
Sun: Closed

Dr. Mike's Walk In Clinic

12143 Navajo Road
Apple Valley, CA 92308

(760) 240-1144

M-F: 8 a.m. to 8 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 5 p.m.

Dr. Mike's Walk In Clinic

15791 Bear Valley Road
Hesperia, CA 92345

(760) 949-1231

M-F: Open 24/7
Sat: Open 24/7
Sun: Open 24/7

Dr. Mike's Walk-In Clinic

716 E. Main Street
Barstow, CA 92311

(760) 256-6426

M-F: 8 a.m. to 8 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 5 p.m.

Heritage Urgent Care Center

12370 Hesperia Road, Suite 15
Victorville, CA 92395

(760) 261-5292

M-F: 9 a.m. to 9 p.m.
Sat: 9 a.m. to 9 p.m.
Sun: Closed

The Meridian UC and Occupational Health Center Inc.

1301 E. Main Street
Barstow, CA 92311

(760) 255-3200

M-F: 9 a.m. to 7 p.m.
Sat-Sun: Closed

Michael Vizcarra, M.D.

11919 Hesperia Road
Hesperia, CA 92345

(760) 948-1454

M-F: 8 a.m. to 8 p.m.
Sat: 9 a.m. to 5 p.m.
Sun: Closed

Urgent Care – Big Bear

41949 Big Bear Blvd.
Big Bear Lake, CA 92315

(909) 878-3696

M-F: 9 a.m. to 6 p.m.
Sat: 10 a.m. to 5 p.m.
Sun: 10 a.m. to 4 p.m.
(Hours may change based on
the season.)