

Who would **you** call if ...



your eye started swelling

"Late one night, my eye started swelling. I didn't know if I needed to go to the emergency room, so I called NurseHelp 24/7. It was recommended that I contact my doctor first, and if I couldn't reach him, then I should go to the ER. I was able to reach my doctor and learned that I just needed a prescription. NurseHelp 24/7 reduced my stress and helped me avoid an unnecessary visit to the ER!"

your toddler fell

"My 19-month-old son fell over his crib's side rail and landed on top of his head. I called the nurse advice line at my pediatrician's office and got their answering service. I remembered I could call NurseHelp 24/7 and spoke with a nurse immediately. We discussed the concussion symptoms that I should watch for, and how to monitor my son throughout the night. She was extremely knowledgeable, helpful, and reassuring, and shared her own experience on a "mom-to-mom" basis! I had all the information I needed from NurseHelp 24/7 before my pediatrician called me back. Thanks and keep up the great work!"

something felt wrong

"It was 3 a.m. on New Year's Eve, and I was away on a trip. I didn't know I was having a heart attack. The nurse I spoke with helped me recognize what was happening and had me go to a hospital to get help. I am so thankful to her – I'm alive because of NurseHelp 24/7."

The above testimonials are from actual Blue Shield members.

NurseHelp 24/7

When you need answers right now call NurseHelp 24/7SM. You'll be connected with an experienced registered nurse who will help evaluate your symptoms, discuss treatment options, determine whether to see a doctor, and more. Nursehelp 24/7 can help you save time and money by avoiding unnecessary trips to the doctor's office or ER for non-emergency care, at no extra cost.

call **(877) 304-0504** anytime