

### High Desert & Inland Employee-Employer Trust - PPO Plan 4

Effective Date: 07-01-2017

Open Access<sup>®</sup> Managed Choice<sup>®</sup> - California

### **PLAN DESIGN & BENEFITS** PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES	IN-NETWORK	OUT-OF-NETWORK
Deductible (per calendar year)	\$500 Individual	\$1,000 Individual
	\$1,000 Family	\$2,000 Family
	\$1,000 Family	\$2,000 Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Deductible.

Unless otherwise indicated, the deductible must be met prior to benefits being payable.

Member cost sharing for certain services, as indicated in the plan, are excluded from charges to meet the Deductible. Pharmacy expenses do not apply towards the Deductible.

The family Deductible is a cumulative Deductible for all family members. The family Deductible can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Deductible amount.

Member Coinsurance	20%	40%
Applies to all expenses unless otherw	ise stated.	
Payment Limit (per calendar year)	\$2,000 Individual	\$3,000 Individual
	\$3,000 Family	\$6,000 Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Payment Limit.

Certain member cost sharing elements may not apply toward the Payment Limit.

Pharmacy expenses apply towards the Payment Limit.

Only those out-of-pocket expenses resulting from the application of coinsurance percentage, copays, and deductibles (except any penalty amounts) may be used to satisfy the Payment Limit.

The family Payment Limit is a cumulative Payment Limit for all family members. The family Payment Limit can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Payment Limit amount.

### Lifetime Maximum

Unlimited except where otherwise indicated.		
Payment for Non-Preferred Care**	Not Applicable	Professional: 105% of Medicare
•	• •	Facility: 140% of Medicare
Primary Care Physician Selection	Optional	Not Applicable

#### **Certification Requirements -**

Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and Private Duty Nursing is required - excluded amount applied separately to each type of expense is \$400 per occurrence.

Referral Requirement	None	None
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK
Routine Adult Physical Exams/	Covered 100%; deductible waived	Not Covered
Immunizations		
1 average over 12 months for members are 22 to are CE, 1 average over 12 months for adults are CE and older		

1 exam every 12 months for members age 22 to age 65; 1 exam every 12 months for adults age 65 and older.

Covered 100%; deductible waived Routine Well Child Not Covered

#### Exams/Immunizations

7 exams in the first 12 months of life, 3 exams in the second 12 months of life, 3 exams in the third 12 months of life, 1 exam per 12 months thereafter to age 22.

Routine Gynecological Care	Covered 100%; deductible waived	Not Covered
Eveme		

Recommended: One exam per calendar year. Includes routine tests and related lab fees.

Members may choose ob/gyns as PCP's

**Routine Mammograms** Covered 100%; deductible waived Not Covered

Recommended: One baseline mammogram for covered females age 35-39, one mammogram per calendar year for covered females age 40 and over.



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Women's Health	Covered 100%; deductible waived	Not Covered
Includes: Screening for gestational dia	betes, HPV (Human- Papillomavirus) D	NA testing, counseling for sexually
transmitted infections, counseling and	screening for human immunodeficiency	virus, screening and counseling for
interpersonal and domestic violence, b	reastfeeding support, supplies and coul	nseling.
Contraceptive methods, sterilization pr	ocedures, patient education and counse	eling. Limitations may apply.
Routine Digital Rectal Exam	Covered 100%; deductible waived	Not Covered
Recommended: For covered males ag		
Prostate-specific Antigen Test	Covered 100%; deductible waived	Not Covered
Recommended: For covered males ag		
Colorectal Cancer Screening	Covered 100%; deductible waived	Not Covered
Recommended: For all members age		
Routine Eye Exams	Covered 100%; deductible waived	Not Covered
1 routine exam per 24 months.		
Routine Hearing Screening	Covered 100%; deductible waived	Not Covered
PHYSICIAN SERVICES	IN-NETWORK	OUT-OF-NETWORK
Office Visits to PCP	\$25 copay; deductible waived	40%; after deductible
	al physician, family practitioner or pedia	
Specialist Office Visits	\$25 copay; deductible waived	40%; after deductible
Audiometric Hearing Exam	\$25 copay; deductible waived	40%; after deductible
Pre-Natal Maternity	Covered 100%; deductible waived	40%; after deductible
Walk-in Clinics	\$25 copay; deductible waived	40%; after deductible
		alternative to a physician's office visit for
	ency illnesses and injuries and the admi	
	services or the ongoing care provided by	
· · · · · · · · · · · · · · · · · · ·	a hospital, shall be considered a Walk-	
Allergy Testing	\$25 copay; deductible waived	40%; after deductible
Allergy Injections	\$25 copay; deductible waived	40%; after deductible
(serum covered 100%)		
DIAGNOSTIC PROCEDURES	IN-NETWORK	OUT-OF-NETWORK
Diagnostic X-ray	\$25 copay; deductible waived	40%; after deductible
If performed as a part of a physician of applicable physician's office visit meml	ffice visit and billed by the physician, expoer cost sharing.	penses are covered subject to the
Diagnostic Laboratory	\$25 copay; deductible waived	40%; after deductible
	fice visit and billed by the physician, exp	penses are covered subject to the
applicable physician's office visit meml		
Diagnostic Outpatient Complex	\$25 copay; deductible waived	40%; after deductible
Imaging		
EMERGENCY MEDICAL CARE	IN-NETWORK	OUT-OF-NETWORK
Urgent Care Provider	\$25 copay; deductible waived	40%; after deductible
Non-Urgent Use of Urgent Care	Not Covered	Not Covered
Provider		
Emergency Room	\$100 copay; deductible waived	Same as in-network care
Copay waived if admitted		
Non-Emergency Care in an	Not Covered	Not Covered
Emergency Room		
Emergency Use of Ambulance	20%; after deductible	Same as in-network care
Non-Emergency Use of Ambulance	Not Covered	Not Covered
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HOSPITAL CARE	IN-NETWORK	OUT-OF-NETWORK
Inpatient Coverage	20%; after deductible	40%; after deductible
Your cost sharing applies to all covered	benefits incurred during your inpatient	stay.
Inpatient Maternity Coverage	20%; after deductible	40%; after deductible
includes delivery and postpartum		
care)		
	benefits incurred during your inpatient	
Outpatient Hospital Expenses	20%; after deductible	40%; after deductible
	l benefits incurred during your outpatien	
Outpatient Surgery - Hospital	20%; after deductible	40%; after deductible
	I benefits incurred during your outpatien	
Outpatient Surgery - Freestanding	20%; after deductible	40%; after deductible
Facility		
	benefits incurred during your outpatien	
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
Mental Health Inpatient	20%; after deductible	40%; after deductible
	benefits incurred during your inpatient	
Mental Health Office Visits	Covered 100%; deductible waived	40%; after deductible
	l benefits incurred during your outpatien	
SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Substance Abuse Inpatient	20%; after deductible	40%; after deductible
	benefits incurred during your inpatient	
Residential Treatment Facility	20%; after deductible	40%; after deductible
Substance Abuse Rehabilitation	Covered 100%; deductible waived	40%; after deductible
Visits		
	I benefits incurred during your outpatien	
OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled Nursing Facility	20%; after deductible	40%; after deductible
Limited to 100 days per calendar year.		
	benefits incurred during your inpatient	
Home Health Care	20%; after deductible	40%; after deductible
Limited to 120 visits per calendar year.		
	visit. Each visit up to 4 hours by a hom	
Hospice Care - Inpatient	Covered 100%; deductible waived	40%; after deductible
	t to a configuration of the first of the configuration of the configurat	etav
Your cost sharing applies to all covered		
Hospice Care - Outpatient	Covered 100%; deductible waived	40%; after deductible
Hospice Care - Outpatient Your cost sharing applies to all covered	Covered 100%; deductible waived I benefits incurred during your outpatien	40%; after deductible t visit.
Hospice Care - Outpatient	Covered 100%; deductible waived	40%; after deductible



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Outpatient Speech Therapy	\$20 copay; deductible waived	40%; after deductible
Outpatient Physical and	\$25 copay; deductible waived	40%; after deductible
Occupational Therapy		
Autism Behavioral Therapy	Refer to MBH Outpatient Mental Health	Refer to MBH Outpatient Mental Health
Covered same as any other Outpatient	: Mental Health benefit	
Autism Applied Behavior Analysis	Refer to MBH Outpatient Mental Health Other Services	Refer to MBH Outpatient Mental Health Other Services
Covered same as any other Outpatient		
Autism Physical Therapy	\$25 copay; deductible waived	40%; after deductible
Autism Occupational Therapy	\$25 copay; deductible waived	40%; after deductible
Autism Speech Therapy	\$20 copay; deductible waived	40%; after deductible
Durable Medical Equipment	20%; after deductible	40%; after deductible
Hearing Aids - Limited to every 24	Covered 100%; deductible waived	Covered 100%; deductible waived
mo's.		
Diabetic Supplies (if not covered	Covered same as any other medical	Covered same as any other medical
under Pharmacy benefit)	expense.	expense.
Orthotics	20%; after deductible	40%; after deductible
Orthotics and special footwear covered	for persons with foot disfigurement.	
Women's Contraceptive drugs and devices not obtainable at a pharmacy	Covered 100%; deductible waived	Covered same as any other expense.
Affordable Care Act mandated	Covered 100%; deductible waived	Covered same as any other expense.
Women's Contraceptives		, , , , , , , , , , , , , , , , , , , ,
Women's Contraceptives Hearing Aids Limited to every 24 mo's.	Covered 100%; deductible waived	Covered 100%; deductible waived
Hearing Aids	,	
Hearing Aids Limited to every 24 mo's.	Covered 100%; deductible waived	Covered 100%; deductible waived
Hearing Aids Limited to every 24 mo's. Transplants	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an	Covered 100%; deductible waived 40%; after deductible Non-Preferred coverage is provided
Hearing Aids Limited to every 24 mo's.	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an IOE contracted facility only.	Covered 100%; deductible waived  40%; after deductible Non-Preferred coverage is provided at a Non-IOE facility.
Hearing Aids Limited to every 24 mo's.  Transplants  Bariatric Surgery Acupuncture Limited to 20 visits per calendar year.	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an IOE contracted facility only.  20%; after deductible \$25 copay; deductible waived	Covered 100%; deductible waived  40%; after deductible Non-Preferred coverage is provided at a Non-IOE facility.  40%; after deductible 40%; after deductible
Hearing Aids Limited to every 24 mo's. Transplants  Bariatric Surgery Acupuncture Limited to 20 visits per calendar year. Out of Area Dependents	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an IOE contracted facility only.  20%; after deductible \$25 copay; deductible waived  Coverage provided at the non-preferre provider is not available.	Covered 100%; deductible waived  40%; after deductible Non-Preferred coverage is provided at a Non-IOE facility.  40%; after deductible 40%; after deductible d benefit level of the plan if in-network
Hearing Aids Limited to every 24 mo's. Transplants  Bariatric Surgery Acupuncture Limited to 20 visits per calendar year. Out of Area Dependents  FAMILY PLANNING	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an IOE contracted facility only.  20%; after deductible \$25 copay; deductible waived  Coverage provided at the non-preferre provider is not available.  IN-NETWORK	Covered 100%; deductible waived  40%; after deductible Non-Preferred coverage is provided at a Non-IOE facility.  40%; after deductible 40%; after deductible d benefit level of the plan if in-network  OUT-OF-NETWORK
Hearing Aids Limited to every 24 mo's. Transplants  Bariatric Surgery Acupuncture Limited to 20 visits per calendar year. Out of Area Dependents	Covered 100%; deductible waived  20%; after deductible Preferred coverage is provided at an IOE contracted facility only.  20%; after deductible \$25 copay; deductible waived  Coverage provided at the non-preferre provider is not available.	Covered 100%; deductible waived  40%; after deductible Non-Preferred coverage is provided at a Non-IOE facility.  40%; after deductible 40%; after deductible d benefit level of the plan if in-network



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GIFT	Not Covered	Not Covered
Comprehensive Infertility Services	Not Covered	Not Covered
Artificial insemination and ovulation indu	uction	
Advanced Reproductive	Not Covered	Not Covered
Technology (ART)		
In-vitro fertilization (IVF), zygote intrafal	lopian transfer (ZIFT), gamete intrafallor	pian transfer (GIFT), cryopreserved
embryo transfers, intracytoplasmic sper	m injection (ICSI), or ovum microsurger	у
Vasectomy	Your cost sharing is based on the	40%; after deductible
	type of service and where it is	
	performed	
Tubal Ligation	Covered 100%; deductible waived	40%; after deductible
PHARMACY	IN-NETWORK	OUT-OF-NETWORK
Pharmacy Plan Type	Aetna Premier Plus Open Formulary	
Generic Drugs		
Retail	\$10 copay	25% of submitted cost; after
		applicable copay
Mail Order	\$20 copay	Not Applicable
Preferred Brand-Name Drugs		
Retail	\$30 copay	25% of submitted cost; after
		applicable copay
Mail Order	\$60 copay	Not Applicable
Non-Preferred Brand-Name Drugs		
Retail	50% up to a \$100 copay maximum	25% of submitted cost; after
		applicable copay
Mail Order	50% up to a \$ 200 copay maximum	Not Applicable
Premier Plus Specialty Drugs		
Preferred Specialty	30% up to a \$200 copay maximum	Not Applicable
Non-Preferred Specialty	30% up to a \$200 copay maximum	Not Applicable
Pharmacy Day Supply and Requirem	ents	
Retail	Up to a 30 day supply	
Mail Order	Up to a 31-90 day supply from Aetna Rx Home Delivery®.	
Premier Plus Specialty	Up to a 30 day supply from Aetna Specialty Pharmacy Network.	
	First prescription fill at any retail or specialty pharmacy. Subsequent fills must	
	be through our preferred specialty pha	

required brand. If the member requests brand when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

Performance Enhancing Drugs limited to 4 tablets per month.

Oral fertility drugs included.

Oral chemotherapy drugs covered 100%

Premier Plus Pre-certification for Specialty Drugs

Premier Plus Step Therapy included

One transition fill allowed within 90 days of member's effective date

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

### **GENERAL PROVISIONS**

**Dependents Eligibility** Spouse, children from birth to age 26 regardless of student status.



### PLAN DESIGN & BENEFITS PROVIDED BY AETNA LIFE INSURANCE COMPANY

\*\*We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

- For doctors and other professionals the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

Plans are provided by: Aetna Life Insurance Company. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

If you are in a plan that requires the selection of a primary care physician and your primary care physician is part of an integrated delivery system or physician group, your primary care physician will generally refer you to specialists and hospitals that are affiliated with the delivery system or physician group.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.



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- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a licensed pharmacy subsidiary of Aetna Inc., that operates through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacy's cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of the material into another language may be available. Please call Member Services at **1-888-982-3862**. Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862**.

Plan features and availability may vary by location and group size. For more information about Aetna plans, refer to **www.aetna.com**.

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