

Quality health plans & benefits  
Healthier living  
Financial well-being  
Intelligent solutions

**aetna**<sup>SM</sup>

## **Informed Health<sup>®</sup> Line**

Get your health questions  
answered anytime, anywhere

[www.aetna.com](http://www.aetna.com)



## Call our 24-hour nurse line for your health questions

When your health question can't wait, you have a resource to turn to — the Informed Health Line.

### With one call, you can:

- Get information on a wide range of health and wellness topics.
- Get e-mails from a nurse with videos that are relevant to your question or topic.
- Make smarter health care decisions.
- Find out more about a medical test or procedure.
- Get help preparing for a doctor's visit.

It's toll-free. And you can call as many times as you need to — at no extra cost.

## Get health information online, too

If you like to dig for health information on the web, you'll love this site.

### You can:

- Use the symptom checker.
- Learn about a medical test that's coming up.
- Research a new medication you're taking and more.

Log in to your secure member website at [www.aetna.com](http://www.aetna.com). Choose "Health Programs," then "24-Hour Nurse Line."

## Ways to get health information fast

- Call a nurse at **1-800-556-1555**. For speech or hearing impaired, dial 711.\*
- Visit your secure member website at [www.aetna.com](http://www.aetna.com).

## Get health information — when and where you need it.

Call **1-800-556-1555**. For speech or hearing impaired, dial 711.\*  
Or log in to [www.aetna.com](http://www.aetna.com).

\*Ask the relay operator to dial 1-800-556-1555 and select the option to speak to a nurse.

### Health insurance plans are offered, underwritten or administered by Aetna Life Insurance Company and its affiliates (Aetna).

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

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