



# Quiet comfort

## Aetna concierge

Your personal assistant for health care

### Not sure where to turn?

We've all been there — needing help with our health plan but not quite sure where to go.

### You might be wondering:

*How can I find the right specialist?*

*I have my diagnosis. Now what?*

*Is this covered by my health plan?*

*And of course: How much is this going to cost me?*

### Your concierge has answers

There's a big and complex world of health care out there. Your concierge can help you make sense of it all.

### You get support to:

- Choose the right doctor for you
- Learn about your coverage
- Understand a diagnosis
- Plan for upcoming treatment

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To speak with a concierge, call  
Your concierge is available Monday through Friday from 8 a.m. to 6 p.m.

# aetna<sup>®</sup>

[aetna.com](https://www.aetna.com)

# Making health care make sense

## Now, your health plan fits you

Your health is unique — different from anyone else's. With concierge support, courtesy of your employer, your health plan can now be personalized to you.

### Your concierge will:

- Find solutions that fit your needs
- Walk you through tools to help you make great decisions
- Find network providers based on your medical needs
- Help you schedule appointments to save you some stress

## Helping you budget

Your health care and your budget go hand in hand. So your concierge can even help you plan your health care expenses.

What will that doctor visit cost? What's the price difference between in-network and out-of-network care? How about inpatient and outpatient surgery? Your concierge can help you figure out your costs *before* you go.

Now you can be the smartest, savviest health care consumer around.

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## Health care help is here

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