

Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

PLAN FEATURES	IN-NETWORK	
Deductible	None Individual	
(per calendar year)		
	None Family	
Out-of-Pocket Maximum (per calendar year)	\$1,000 Individual	
- ·	\$2,000 Family	

In-Network expenses include coinsurance/copays and deductibles.

Pharmacy expenses apply towards the Out-of-Pocket-Maximum.

The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all family members. The family Out-of-Pocket Maximum can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Out-of-Pocket Maximum amount.

subject to more than the individual Out-of-Pocket Maximum amount.	
Lifetime Maximum	Unlimited except where otherwise indicated.
Primary Care Physician Selection	Required
Referral Requirement	Required
PREVENTIVE CARE	IN-NETWORK
Routine Adult Physical Exams/	Covered 100%
Immunizations	
1 exam every 12 months for members age 22 and older.	
Routine Well Child	Covered 100%

Exams/Immunizations

(Age and frequency schedules apply)

Routine Gynecological Care

Covered 100%

Exams

1 exam per 12 months

Includes Pap smear, HPV screening, and related lab fees.

Routine Mammograms Covered 100%

Recommended: One baseline mammogram for females age 35 - 39; and one annual mammogram for females age 40 and over.

Women's Health Covered 100%

Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.

Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.

Routine Digital Rectal Exams / Covered 100%

Prostate Specific Antigen Test

Recommended for males age 40 and over.

Colorectal Cancer Screening Covered 100% Recommended: For all members age 45 and over. Frequency schedule applies.

Routine Eye Exams Covered 100%

1 routine exam per 24 months.

Direct access to participating providers without a referral.

Routine Hearing Screening Covered 100%
PHYSICIAN SERVICES IN-NETWORK

Primary Care Physician Visits \$5 copay

Includes services of an internist, general physician, family practitioner or pediatrician.





Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

Specialist Office Visits	\$5 copay
Pre-Natal Maternity	Covered 100%
Allergy Testing	\$5 copay
Allergy Injections	\$5 copay
DIAGNOSTIC PROCEDURES	IN-NETWORK
Diagnostic Laboratory	Covered 100%
	ice visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit memb	
Diagnostic X-ray	Covered 100%
	ice visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit memb	
Diagnostic X-ray for Complex	Covered 100%
Imaging Services	
EMERGENCY MEDICAL CARE	IN-NETWORK
Urgent Care Provider	\$5 copay
Non-Urgent Use of Urgent Care	Not Covered
Provider	
Emergency Room	\$50 copay
Copay waived if admitted	
Non-Emergency Care in an	Not Covered
Emergency Room	
Emergency Use of Ambulance	Covered 100%
Non-Emergency Use of Ambulance	Not Covered
HOSPITAL CARE	IN-NETWORK
Inpatient Coverage	Covered 100%
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Inpatient Maternity Coverage	Covered 100% for Physician maternity services; Covered 100% for Facility
(includes delivery and postpartum	services
care)	
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Outpatient Hospital	Covered 100%
Your cost sharing applies to all covered	benefits incurred during your outpatient visit.
MENTAL HEALTH SERVICES	IN-NETWORK
Mental Health Inpatient	Covered 100%
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Montal Hoolth Office Visite	0

SUBSTANCE ABUSE	IN-NETWORK	
Inpatient Detoxification	Covered 100%	
Your cost sharing applies to all covered benefits incurred during your inpatient stay.		
Outpatient Detoxification	Covered 100%	
Your cost sharing applies to all covered benefits incurred during your outpatient visit.		

Mental Health Office Visits Covered 100%

Your cost sharing applies to all covered benefits incurred during your outpatient visit.





Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

Covered 100% **Inpatient Rehabilitation** Your cost sharing applies to all covered benefits incurred during your inpatient stay. Residential Treatment Facility Covered 100% **Outpatient Rehabilitation** Covered 100%

Your cost sharing applies to all covered benefits incurred during your outpatient visit.

OTHER SERVICES	IN-NETWORK
Skilled Nursing Facility	Covered 100%
Limited to 100 days; per calendar year	
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Home Health Care	\$5 copay
Limited to 120 visits; per calendar year	
Limited to 3 intermittent visits per day b	y a participating home health care agency; 1 visit equals a period of 4 hrs or
less.	
Hospice Care - Inpatient	Covered 100%
	benefits incurred during your inpatient stay.
Hospice Care - Outpatient	Covered 100%
	benefits incurred during your outpatient visit.
Outpatient Rehabilitation Therapy	\$5 copay
Includes speech, physical, occupational therapy	
Spinal Manipulation Therapy	\$10 copay
Limited to 30 visits per calendar year,	
Autism Behavioral Therapy	Refer to MBH Outpatient Mental Health
Covered same as any other Outpatient	
Autism Applied Behavior Analysis	Refer to MBH Outpatient Mental Health Other Services
Covered same as any other Outpatient	Mental Health Other Services benefit
Autism Physical Therapy	\$5 copay
Autism Occupational Therapy	\$5 copay
Autism Speech Therapy	\$5 copay
Durable Medical Equipment	Covered 100%
Hearing Aids - every 24 mo's.	Covered 100%
Diabetic Supplies	Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise
	PCP office visit cost sharing applies.
Women's Contraceptive drugs and	Covered 100%
devices not obtainable at a	
pharmacy	
Affordable Care Act mandated	Covered 100%
Women's Contraceptives	
Transplants	Covered 100%
•	Preferred coverage is provided at an IOE contracted facility only.
Bariatric Surgery	Covered 100%
	benefits incurred during your inpatient stay.

FAMILY PLANNING	IN-NETWORK	
Infertility Treatment	Your cost sharing is based on the type of service and where it is performed	
Diagnosis and treatment of the underlying medical condition only.		
OICT	Not Covered	

Not Covered

Limited to 1 attempt per lifetime





Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

Comprehensive Infertility Services Not Covered Artificial insemination and ovulation induction **Advanced Reproductive** Not Covered Technology (ART) In-vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved embryo transfers, intracytoplasmic sperm injection (ICSI), or ovum microsurgery Your cost sharing is based on the type of service and where it is performed Vasectomy **Tubal Ligation** Covered 100% PRESCRIPTION DRUG BENEFITS IN-NETWORK **Pharmacy Plan Type** Aetna Premier Plus Open Formulary **Generic Drugs** \$4 copay Retail Mail Order \$8 copay **Preferred Brand-Name Drugs** Retail \$15 copay \$30 copay Mail Order Non-Preferred Brand-Name Drugs Retail \$30 copay Mail Order \$60 copay **Premier Plus Specialty Drugs Preferred Specialty** 20% Non-Preferred Specialty 20% **Pharmacy Day Supply and Requirements Retail** Up to a 30 day supply Mail Order Up to a 31-90 day supply from Aetna Rx Home Delivery®.

Up to a 30 day supply from Aetna Specialty Pharmacy Network. **Premier Plus Specialty**

First prescription fill at any retail or specialty pharmacy. Subsequent fills must

be through our preferred specialty pharmacy network.

Choose Generics with Dispense as Written (DAW) override - member pays applicable copay of the physician required brand. If the member requests brand when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

Performance Enhancing Drugs limited to 4 tablets per month.

Oral fertility drugs included.

Oral chemotherapy drugs covered 100%

Premier Plus Pre-certification for Specialty Drugs

Premier Plus Step Therapy included

One transition fill allowed within 90 days of member's effective date

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

GENERAL PROVISIONS

Dependents Eligibility Spouse, children from birth to age 26 regardless of student status.

Exclusions and Limitations

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.





Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery and Aetna Specialty Pharmacy refer to Aetna Rx Home Delivery, LLC and Aetna Specialty Pharmacy, LLC, respectively. Aetna Rx Home Delivery and Aetna Specialty Pharmacy are licensed pharmacy subsidiaries of Aetna Inc. that operate through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery and Aetna Specialty Pharmacy may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacies' cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.





Effective Date: 07-01-2019

HMO - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com.** While this material is believed to be accurate as of the production date, it is subject to change.

© 2014 Aetna Inc.

