



**PLAN DESIGN & BENEFITS  
 PROVIDED BY AETNA HEALTH OF CALIFORNIA INC.**

<b>PLAN FEATURES</b>	<b>IN-NETWORK</b>
<b>Deductible</b> (per calendar year)	Individual = None Family = None
<b>Out-of-Pocket Maximum</b> (per calendar year)	\$1,000 Individual \$2,000 Family
<p>In-Network expenses include coinsurance/copays and deductibles.            Pharmacy expenses apply towards the Out-of-Pocket-Maximum.            The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all family members. The family Out-of-Pocket Maximum can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Out-of-Pocket Maximum amount.</p>	
<b>Lifetime Maximum</b>	Unlimited except where otherwise indicated.
<b>Primary Care Physician Selection</b>	Required
<b>Referral Requirement</b>	Required
<b>PREVENTIVE CARE</b>	<b>IN-NETWORK</b>
<b>Routine Adult Physical Exams/ Immunizations</b> 1 exam every 12 months for members age 22 and older.	Covered 100%
<b>Routine Well Child Exams/Immunizations</b> (Age and frequency schedules apply)	Covered 100%
<b>Routine Gynecological Care Exams</b> 1 exam per 12 months Includes Pap smear, HPV screening, and related lab fees.	Covered 100%
<b>Routine Mammograms</b> Recommended: One baseline mammogram for females age 35 - 39; and one annual mammogram for females age 40 and over.	Covered 100%
<b>Women's Health</b> Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling. Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.	Covered 100%
<b>Routine Digital Rectal Exams / Prostate Specific Antigen Test</b> Recommended for males age 40 and over.	Covered 100%
<b>Colorectal Cancer Screening</b> Recommended: For all members age 45 and over. Frequency schedule applies.	Covered 100%
<b>Routine Eye Exams</b> 1 routine exam per 24 months. Direct access to participating providers without a referral.	Covered 100%
<b>Routine Hearing Screening</b>	Covered 100%
<b>Hearing Aids (every 24 months)</b>	Covered 100%



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<b>PHYSICIAN SERVICES</b>	<b>IN-NETWORK</b>
<b>Primary Care Physician Visits</b>	\$5 copay
Includes services of an internist, general physician, family practitioner or pediatrician.	
<b>Specialist Office Visits</b>	\$5 copay
<b>Pre-Natal Maternity</b>	Covered 100%
<b>Allergy Testing</b>	\$5 copay
<b>Allergy Injections</b>	\$5 copay
<b>DIAGNOSTIC PROCEDURES</b>	<b>IN-NETWORK</b>
<b>Diagnostic Laboratory</b>	Covered 100%
If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.	
<b>Diagnostic X-ray</b>	Covered 100%
If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.	
<b>Diagnostic X-ray for Complex Imaging Services</b>	Covered 100%
<b>EMERGENCY MEDICAL CARE</b>	<b>IN-NETWORK</b>
<b>Urgent Care Provider</b>	\$5 copay
<b>Non-Urgent Use of Urgent Care Provider</b>	Not Covered
<b>Emergency Room</b>	\$50 copay
Copay waived if admitted	
<b>Non-Emergency Care in an Emergency Room</b>	Not Covered
<b>Emergency Use of Ambulance</b>	Covered 100%
<b>Non-Emergency Use of Ambulance</b>	Not Covered
<b>HOSPITAL CARE</b>	<b>IN-NETWORK</b>
<b>Inpatient Coverage</b>	Covered 100%
<b>Inpatient Maternity Coverage</b> (includes delivery and postpartum care)	Covered 100% for Physician maternity services and Facility services
<b>Outpatient Hospital</b>	Covered 100%
<b>MENTAL HEALTH SERVICES</b>	<b>IN-NETWORK</b>
<b>Mental Health Inpatient</b>	Covered 100%
<b>Mental Health Office Visits</b>	Covered 100%
<b>Other Mental Health Services</b>	Covered 100%
<b>SUBSTANCE ABUSE</b>	<b>IN-NETWORK</b>
<b>Inpatient/Outpatient Detoxification</b>	Covered 100%
<b>Inpatient Rehabilitation</b>	Covered 100%
<b>Outpatient Rehabilitation</b>	Covered 100%
<b>Other Substance Abuse Treatment</b>	Covered 100%
<b>OTHER SERVICES</b>	<b>IN-NETWORK</b>
<b>Skilled Nursing Facility</b>	Covered 100%
Limited to 100 days; per calendar year	
<b>Home Health Care</b>	\$5 copay
Limited to 120 visits; per calendar year Limited to 3 intermittent visits per day by a participating home health care agency; 1 visit = a period of 4 hrs or less.	



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<b>OTHER SERVICES</b>	<b>IN-NETWORK</b>
<b>Hospice Care - Inpatient</b>	Covered 100%
<b>Hospice Care - Outpatient</b>	Covered 100%
<b>Outpatient Rehabilitation Therapy</b> Includes speech, physical, occupational therapy	\$5 copay
<b>Spinal Manipulation Therapy</b> Limited to 30 visits per calendar year,	\$10 copay
<b>Autism Behavioral Therapy</b>	Covered 100%
<b>Autism Applied Behavior Analysis</b>	Covered 100%
<b>Autism Physical Therapy</b>	Covered 100%
<b>Autism Occupational Therapy</b>	Covered 100%
<b>Autism Speech Therapy</b>	Covered 100%
<b>Durable Medical Equipment</b>	Covered 100%
<b>Diabetic Supplies</b>	Pharmacy cost sharing applies.
<b>Women's Contraceptive drugs and devices not obtainable at a pharmacy</b>	Covered 100%
<b>Affordable Care Act Mandated Women's Contraceptives</b>	Covered 100%
<b>Transplants</b>	Covered 100% Preferred coverage is provided at an IOE contracted facility only.
<b>Bariatric Surgery</b>	Covered 100%
<b>FAMILY PLANNING</b>	<b>IN-NETWORK</b>
<b>Infertility Treatment</b> Diagnosis and treatment of the underlying medical condition only.	Your cost sharing is based on the type of service and where it is performed
<b>GIFT</b>	Not Covered
<b>Comprehensive Infertility Services</b> Artificial insemination and ovulation induction	Not Covered
<b>Advanced Reproductive Technology (ART)</b> In-vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved embryo transfers, intracytoplasmic sperm injection (ICSI), or ovum microsurgery	Not Covered
<b>Vasectomy</b>	Your cost sharing is based on the type of service and where it is performed
<b>Tubal Ligation</b>	Covered 100%



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<b>PRESCRIPTION DRUG BENEFITS</b>		<b>IN-NETWORK</b>
<b>Pharmacy Plan Type</b>		Advanced Control Plan - Aetna Formulary
<b>Generic Drugs</b>		
	<b>Retail</b>	\$4 copay
	<b>Mail Order</b>	\$8 copay
<b>Preferred Brand-Name Drugs</b>		
	<b>Retail</b>	\$15 copay
	<b>Mail Order</b>	\$30 copay
<b>Non-Preferred Brand-Name Drugs</b>		
	<b>Retail</b>	\$30 copay
	<b>Mail Order</b>	\$60 copay
<b>Advanced Control Specialty Drugs</b>		
	<b>Preferred Specialty</b>	20%; up to \$100 max. copay per prescription
	<b>Non-Preferred Specialty</b>	20%; up to \$100 max. copay per prescription
<b>Pharmacy Day Supply and Requirements</b>		
	<b>Retail</b>	Up to a 30-day supply
	<b>Mail Order</b>	Up to a 31-90-day supply from CVS Caremark® Mail Service Pharmacy.
	<b>Advanced Control Specialty</b>	Up to a 30-day supply from CVS Specialty® Pharmacy. First prescription fill at any retail or specialty pharmacy. Subsequent fills must be through CVS Specialty® Pharmacy.
<p><b>Choose Generics with Dispense as Written (DAW) override</b> - Member pays applicable copay of the physician required brand. If the member requests brand when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.</p>		
<p><b>Plan Includes:</b> Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.            Performance Enhancing Drugs limited to 6 tablets per month.            Oral fertility drugs included.            Oral chemotherapy drugs covered 100%            Advanced Control Plan – Aetna Pre-certification Included            Advanced Control Plan – Aetna Step Therapy included            Formulary Exclusions Apply            Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.</p>		

**GENERAL PROVISIONS**

**Dependents Eligibility** Spouse, children from birth to age 26 regardless of student status.

**Exclusions and Limitations**

**Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.**

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.





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The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. CVS Caremark® Mail Service Pharmacy and CVS Specialty® Pharmacy are licensed pharmacy subsidiaries of CVS Health Corporation that operate through mail order. The charges that Aetna negotiates with CVS Caremark® Mail Pharmacy and CVS Specialty® Pharmacy may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacies' cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

**If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).**



High Desert & Inland Employee-Employer Trust – HMO 1A  
Effective Date: 07-01-2020  
HMO - California

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**Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).**

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com). While this material is believed to be accurate as of the production date, it is subject to change.

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