

High Desert & Inland Employee-Employer Trust -PPO Plan 3A

Effective Date: 07-01-2020

Open Access[®] Managed Choice[®] POS - California

PLAN DESIGN & BENEFITS PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES	IN-NETWORK	OUT-OF-NETWORK
Deductible (per calendar year)	\$500 Individual	\$1,000 Individual
	\$1,000 Family	\$2,000 Family

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Deductible.

Unless otherwise indicated, the deductible must be met prior to benefits being payable.

Member cost sharing for certain services, as indicated in the plan, are excluded from charges to meet the Deductible. Pharmacy expenses do not apply towards the Deductible.

The family Deductible is a cumulative Deductible for all family members. The family Deductible can be met by a combination of family members; however, no single individual within the family will be subject to more than the individual Deductible amount.

Member Coinsurance	10%	30%		
Applies to all expenses unless otherwise stated.				
Payment Limit (per calendar year)	\$1,500 Individual	\$2,000 Individual		
	\$2,500 Family	\$4,000 Family		

All covered expenses accumulate simultaneously toward both the preferred and non-preferred Payment Limit.

Certain member cost sharing elements may not apply toward the Payment Limit.

Pharmacy expenses apply towards the Payment Limit.

Only those out-of-pocket expenses resulting from the application of coinsurance percentage, copays, and deductibles (except any penalty amounts) may be used to satisfy the Payment Limit.

The family Payment Limit is a cumulative Payment Limit for all family members. The family Payment Limit can be met by a combination of family members; however, no single individual within the family will be subject to more than the individual Payment Limit amount.

Lifetime Maximum

Unlimited except where otherwise indicated.

Payment for Non-Preferred Care**	Not Applicable	Professional: 105% of Medicare Facility: 140% of Medicare
Primary Care Physician Selection	Optional	Not Applicable

Certification Requirements -

Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and Private Duty Nursing is required - excluded amount applied separately to each type of expense is \$400 per occurrence.

Referral Requirement	None	None	
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK	
Routine Adult Physical Exams/	Covered 100%; deductible waived	Not Covered	
Immunizations			
1 exam every 12 months for members age 22 to age 65; 1 exam every 12 months for adults age 65 and older.			
Routine Well Child	Covered 100%; deductible waived	Not Covered	
Exams/Immunizations			
7 exams in the first 12 months of life, 3 exams in the second 12 months of life, 3 exams in the third 12 months of life, 1			

exam per 12 months thereafter to age 22.

Routine Gynecological Care Covered 100%; deductible waived Not Covered **Exams**

Recommended: One exam per calendar year. Includes routine tests and related lab fees. Members may choose ob/gyns as PCP's

Routine Mammograms Covered 100%; deductible waived Not Covered

Recommended: One baseline mammogram for covered females age 35-39, one mammogram per calendar year for covered females age 40 and over.



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Women's Health	Covered 100%; deductible waived	Not Covered
Includes: Screening for gestational dial	oetes, HPV (Human- Papillomavirus) D	NA testing, counseling for sexually
transmitted infections, counseling and		
interpersonal and domestic violence, b		
Contraceptive methods, sterilization pro		
Routine Digital Rectal Exam	Covered 100%; deductible waived	Not Covered
Recommended: For covered males ago		
Prostate-specific Antigen Test	Covered 100%; deductible waived	Not Covered
Recommended: For covered males age		
Colorectal Cancer Screening	Covered 100%; deductible waived	Not Covered
Recommended: For all members age 4	5 and over.	
Routine Eye Exams	Covered 100%; deductible waived	Not Covered
1 routine exam per 24 months.		
Routine Hearing Screening	Covered 100%; deductible waived	Not Covered
PHYSICIAN SERVICES	IN-NETWORK	OUT-OF-NETWORK
Office Visits to PCP	\$30 copay; deductible waived	30%; after deductible
Includes services of an internist, general		
Specialist Office Visits	\$30 copay; deductible waived	30%; after deductible
Audiometric Hearing Exam	\$30 copay; deductible waived	30%; after deductible
Pre-Natal Maternity	Covered 100%; deductible waived	30%; after deductible
Walk-in Clinics	\$30 copay; deductible waived	30%; after deductible
Walk-in Clinics are network, free-stand		alternative to a physician's office visit for
		nistration of certain immunizations. It is
		by a physician. Neither an emergency
room, nor the outpatient acpartment of	a hospital, shall be considered a Walk-	-in Clinic.
Allergy Testing	a hospital, shall be considered a Walk- \$30 copay; deductible waived	in Clinic. 30%; after deductible
Allergy Testing	\$30 copay; deductible waived	30%; after deductible
Allergy Testing Allergy Injections	\$30 copay; deductible waived	30%; after deductible
Allergy Testing Allergy Injections (serum covered 100%)	\$30 copay; deductible waived \$30 copay; deductible waived	30%; after deductible 30%; after deductible
Allergy Testing Allergy Injections (serum covered 100%) DIAGNOSTIC PROCEDURES	\$30 copay; deductible waived \$30 copay; deductible waived IN-NETWORK \$30 copay; deductible waived	30%; after deductible 30%; after deductible OUT-OF-NETWORK 30%; after deductible
Allergy Testing Allergy Injections (serum covered 100%) DIAGNOSTIC PROCEDURES Diagnostic X-ray	\$30 copay; deductible waived \$30 copay; deductible waived IN-NETWORK \$30 copay; deductible waived fice visit and billed by the physician, ex	30%; after deductible 30%; after deductible OUT-OF-NETWORK 30%; after deductible
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HOSPITAL CARE

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OUT-OF-NETWORK

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IN-NETWORK

HUSPITAL CARE	IIN-INE I WORK	OUT-OF-NETWORK
Inpatient Coverage	10%; after deductible	30%; after deductible
	d benefits incurred during your inpatien	t stay.
Inpatient Maternity Coverage	10%; after deductible	30%; after deductible
includes delivery and postpartum		
care)		
Your cost sharing applies to all covere	d benefits incurred during your inpatien	t stay.
Outpatient Hospital Expenses	10%; after deductible	30%; after deductible
our cost sharing applies to all covere	d benefits incurred during your outpatie	nt visit.
Outpatient Surgery - Hospital	10%; after deductible	30%; after deductible
Your cost sharing applies to all covere	d benefits incurred during your outpatie	
Outpatient Surgery - Freestanding	10%; after deductible	30%; after deductible
acility		
our cost sharing applies to all covere	d benefits incurred during your outpatie	nt visit.
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
Mental Health Inpatient	10%; after deductible	30%; after deductible
our cost sharing applies to all covere	d benefits incurred during your inpatien	t stay.
Mental Health Office Visits	Covered 100%; deductible waived	30%; after deductible
our cost sharing applies to all covere	d benefits incurred during your outpatie	nt visit.
Other Mental Health Services	Covered 100%; deductible waived	30%; after deductible
SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Substance Abuse Inpatient	10%; after deductible	30%; after deductible
	d benefits incurred during your inpatien	t stay.
Residential Treatment Facility	10%; after deductible	30%; after deductible
Substance Abuse Rehabilitation	Covered 100%; deductible waived	30%; after deductible
/isits		
	d benefits incurred during your outpatie	
Other Substance Abuse Treatment	Covered 100%; deductible waived	30%; after deductible
OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled Nursing Facility	10%; after deductible	30%; after deductible
imited to 100 days per calendar year.		
Your cost sharing applies to all covere	d benefits incurred during your inpatien	
Home Health Care	10%; after deductible	30%; after deductible
_imited to 120 visits per calendar year		
Each visit by a nurse or therapist is on	e visit. Each visit up to 4 hours by a hor	ne health care aide is one visit.
Hospice Care - Inpatient	Covered 100%; deductible waived	30%; after deductible
Your cost sharing applies to all covere	d benefits incurred during your inpatien	t stay.
Hospice Care - Outpatient	Covered 100%; deductible waived	30%; after deductible
Your cost sharing applies to all covere	d benefits incurred during your outpatie	
Acupuncture	\$25 copay; deductible waived	30%; after deductible
imited to 20 visits per calendar year	- •	
Spinal Manipulation Therapy	10%; deductible waived	30%; after deductible
Limited to 20 visits per calendar year.		
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Outpatient Speech Therapy	\$30 copay; deductible waived	30%; after deductible
Outpatient Physical and	\$30 copay; deductible waived	30%; after deductible
Occupational Therapy		
Autism Behavioral Therapy	Refer to Outpatient Mental Health	Refer to MBH Outpatient Mental Health
Covered same as any other Outpatien		
Autism Applied Behavior Analysis	Refer to Other Mental Health Services	Refer to Other Mental Health Services
	t Mental Health Other Services benefit	
Autism Physical Therapy	Covered 100%; deductible waived	30%; after deductible
Autism Occupational Therapy	Covered 100%; deductible waived	30%; after deductible
Autism Speech Therapy	Covered 100%; deductible waived	30%; after deductible
Durable Medical Equipment	10%; after deductible	30%; after deductible
Hearing Aids - Every 24 months.	Covered 100%; deductible waived	Covered 100%; deductible waived
Diabetic Supplies (if not covered	Covered same as any other medical	Covered same as any other medical
under Pharmacy benefit)	expense.	expense.
Orthotics	10%; after deductible	30%; after deductible
Orthotics and special footwear covered		
Women's Contraceptive drugs and	Covered 100%; deductible waived	Covered same as any other expense
devices not obtainable at a pharmacy		
Affordable Care Act Mandated Women's Contraceptives	Covered 100%; deductible waived	Covered same as any other expense
Vision Eyewear	Not Covered	Not Covered
Transplants Transplants	10%; after deductible	30%; after deductible
•	Preferred coverage is provided at an	Non-Preferred coverage is provided
	IOE contracted facility only.	at a Non-IOE facility.
Bariatric Surgery	10%; after deductible	30%; after deductible
Out of Area Dependents	Coverage provided at the non-preferre provider is not available.	ed benefit level of the plan if in-network
FAMILY PLANNING	IN-NETWORK	OUT-OF-NETWORK
Infertility Treatment	Your cost sharing is based on the type of service and where it is performed	Your cost sharing is based on the type of service and where it is performed
Diagnosis and treatment of the underly		•
GIFT	Not Covered	Not Covered
Comprehensive Infertility Services	Not Covered	Not Covered
Artificial insemination and ovulation in		Not On the L
Advanced Reproductive Technology (ART)	Not Covered	Not Covered
	allopian transfer (ZIFT), gamete intrafallo erm injection (ICSI), or ovum microsurger	
Vasectomy	Your cost sharing is based on the type of service and where it is performed	30%; after deductible
Tubal Ligation	Covered 100%; deductible waived	30%; after deductible



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PHARMACY	IN-NETWORK	OUT-OF-NETWORK
Pharmacy Plan Type	Advanced Control Plan - Aetna Formulary	
Generic Drugs		
Retail	\$10 copay	25% of submitted cost up to \$250
		max. copay per prescription
Mail Order	\$20 copay	Not Applicable
Preferred Brand-Name Drugs		
Retail	\$30 copay	25% of submitted cost up to \$250
		max. copay per prescription
Mail Order	\$60 copay	Not Applicable
Non-Preferred Brand-Name Drugs		
Retail	\$50 copay	25% of submitted cost up to \$250
		max. copay per prescription
Mail Order	\$100 copay	Not Applicable
Advanced Control Specialty Drugs		
Preferred Specialty	30% up to a \$150 copay maximum	Not Applicable
Non-Preferred Specialty	30% up to a \$150 copay maximum	Not Applicable
Pharmacy Day Supply and Requiren	nents	
Retail	Up to a 30-day supply	
Mail Order	Up to a 31-90-day supply from CVS Caremark® Mail Service Pharmacy.	
Advanced Control Specialty		
	First prescription fill at any retail or specialty pharmacy. Subsequent fills must	
	be through CVS Specialty® Pharmacy.	
Chance Congrice with Dispanse as I	Written (DAW) override - member nave	annlicable consy of the physician

Choose Generics with Dispense as Written (DAW) override - member pays applicable copay of the physician required brand. If the member requests brand when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

Performance Enhancing Drugs limited to 6 tablets per month.

Oral fertility drugs included.

Oral chemotherapy drugs covered 100%

Advanced Control Plan - Aetna Pre-certification Included

Advanced Control Plan - Aetna Step Therapy included

Formulary Exclusions Apply

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

GENERAL PROVISIONS

Dependents Eligibility Spouse, children from birth to age 26 regardless of student status.

- **We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.
- For doctors and other professionals, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.





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Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

Plans are provided by Aetna Life Insurance Company. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

If you are in a plan that requires the selection of a primary care physician and your primary care physician is part of an integrated delivery system or physician group, your primary care physician will generally refer you to specialists and hospitals that are affiliated with the delivery system or physician group.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.





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- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. CVS Caremark® Mail Service Pharmacy and CVS Specialty® Pharmacy are licensed pharmacy subsidiaries of CVS Health Corporation that operate through mail order. The charges that Aetna negotiates with CVS Caremark® Mail Pharmacy and CVS Specialty® Pharmacy may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacies' cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of the material into another language may be available. Please call Member Services at 1-888-982-3862. Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al 1-888-982-3862.

Plan features and availability may vary by location and group size. For more information about Aetna plans, refer to www.aetna.com.

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