



Getting started with Teladoc[®]



Teladoc's U.S. board-certified doctors are available 24/7/365 to resolve many of your medical issues through phone or video consults. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.

SET UP YOUR ACCOUNT

It's quick and easy online. Visit the Teladoc website at Teladoc.com/Aetna, click "Set up account" and provide the required information. You can also call Teladoc for assistance over the phone.

REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care.

PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

Online: Log into Teladoc.com/Aetna and click "My Medical History".

Mobile app: Log into your account and complete the "My Health Record" section. Visit **Teladoc.com/mobile** to download the app.

Call Teladoc: Teladoc can help you complete your medical history over the phone.

Talk to a doctor anytime for \$40 or less

Less than an urgent care or ER visit, Teladoc's never more than a doctor visit.

Teladoc.com/Aetna







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